

AAU VOLLEYBALL FREQUENTLY ASKED QUESTIONS

- In Iowa do we follow grade or age level requirements?
 - We follow grade level in Iowa
 - If you are in 5th grade you may play 5th grade regardless of age
 - If you are in 6th grade but could be in 5th grade you still play 6th grade
- When is the volleylite ball used?
 - We use the volleylite ball for 4th grade only
 - All other grades use the regulation size ball
- What are the grade level divisions in Iowa?
 - Grade level divisions are:
 - 4th Grade
 - 5th Grade
 - 6th Grade
 - 7th Grade
 - 8th Grade
 - 9th Grade
 - 10th Grade
 - 11th/12th Grade
- Where can I find the scoresheets/line-up sheets/libero tracking sheets to use?
 - You can locate the necessary forms at www.ighsau.org
 - Click on coaches at the top right
 - Scroll down to volleyball – click on the plus sign to the right
 - Look for the necessary forms and print
- Where can I find out rules?
 - You can order a rules book from www.nfhs.org
 - You can see the Iowa adaptations on www.ighsau.org
 - Click on coaches at the top right
 - Scroll down to volleyball – click on the plus sign to the right
 - Look for the necessary information
- What are the net heights?
 - 4th Grade – 6’8
 - 5th Grade – 6’10
 - 6th Grade – 7’0
 - 7th Grade – 7’2
 - 8th Grade – Regulation
 - 9th Grade – Regulation
 - 10th Grade – Regulation
 - 11th/12th Grade – Regulation

- What are the serving Guidelines?
 - 4th Grade and 5th Grade may serve from 23' from the center line
 - 6th Grade through 12th Grade serve from behind the out of bounds line

- Can we play up a division?
 - Yes you may always play up a grade level
 - 5th Grade team can play in a 6th Grade tournament

- How do teams qualify for the State AAU Tournament (Gold Tournament)
 - By placing in qualifying tournaments
 - You only need to qualify once
 - It is based upon the number of teams entered

 - 4th Grade through 8th Grade Qualifying Standards
 - **REQUIREMENT OF 5 TEAMS TO HAVE A QUALIFYING TOURNAMENT**
 - Tournaments hosting 5 teams
 - 1st place team qualifies for the Gold Tournament
 - Tournaments hosting 6 - 10 teams
 - 1st and 2nd place teams qualify for the Gold Tournament
 - Tournaments hosting 11 - 15 teams
 - 1st, 2nd, and 3rd place teams qualify for the Gold Tournament
 - Tournaments hosting 16 or more teams
 - 1st, 2nd, 3rd, and 4th place teams qualify for the Gold Tournament

 - 9th Grade through 12th Grade Qualifying Standards
 - **REQUIREMENT OF 5 TEAMS TO HAVE A QUALIFYING TOURNAMENT**
 - Tournaments hosting 5 teams
 - 1st place team qualifies for the Gold Tournament
 - Tournaments hosting 6 - 9 teams
 - 1st and 2nd place teams qualify for the Gold Tournament
 - Tournaments hosting 10 - 12 teams
 - 1st, 2nd, and 3rd place teams qualify for the Gold Tournament
 - Tournaments hosting 13 or more teams
 - 1st, 2nd, 3rd, and 4th place teams qualify for the Gold Tournament

- What do I need to do to start a team?
 - Go to www.aausports.org
 - register 2 adults who will organize club
 - Once you have those registrations – purchase level 1 club membership
 - Once you have the club membership you can purchase facility insurance if required
 - Have your athletes and other adults register individually and attach to your club code

- Where do I find tournaments?
 - The tournament list will be on www.aauiaowa.org
 - tournaments will be posted in Mid-December
 - to enter tournament you need to contact the tournament director
 - no money no place in the tournament

- What is the cost of tournaments?
 - All qualifying and non-qualifying tournaments are \$75
 - Gold Tournament is \$125

- Where are the Gold Tournaments held?
 - 4th Grade – Lake City – Maximum of 20 Teams
 - 5th Grade – UNI – Cedar Falls – Maximum of 50 Teams
 - 6th Grade – Indianola – Maximum of 60 teams
 - 7th Grade – Ankeny – No limit of teams
 - 8th Grade – Marshalltown
 - 9th Grade – Newton – Maximum of 20 Teams
 - 10th Grade – Orange City
 - 11th/12th Grade – Storm Lake (Buena Vista) – Maximum of 28 Teams

- Is my entry fee refunded if they tournament is cancelled due to weather?
 - It is left to the tournament director
 - they do not have to refund the entry fee

- What happens if a team drops out of a tournament?
 - There are no forfeits
 - If you had a 5 team tournament a team drops it is now a non-qualifying tournament
 - If you had a 10 team tournament it is now a 9 team tournament

- Is there a deadline to enter the gold tournament?
 - Yes, It needs to be postmarked by March 5, 2018
 - Yes, you need to email or call the tournament director by March 5, 2018 to inform them your team is planning to attend
 - Tournament directors do not need to allow you to enter if you do not meet this deadline
 - Reminder there are maximums on the number of teams so enter early

- How do I get my tournament listed on the website?

Submit the following information (via e-mail) to post your tournament on the website:

 - Date of Tournament:
 - Grade of Tournament:
 - Location of Tournament:
 - Start time of tournament:
 - Tournament Director:
 - Tournament Director's address:
 - Tournament Director's email and phone:
 - Maximum number of teams:
 - Who to make checks payable to:
 - Will admission be charged to the tournament – yes or no

Send information to --> Diane Harms – diane.harms@dnhcsd.org
and to Teresa Parmenter – parmentert13@gmail.com

Finally send a \$50 check (one check for all tournaments you plan to host) payable to **Iowa AAU Volleyball** to

Iowa AAU
Attention: Teresa Parmenter
4421 41st Street
Des Moines, IA 50310

- Can the libero serve?
 - Yes for one person per set – this can change from set to set
 - Example:
#6 is a front row player, the libero may enter the game (behind the 10'line) and serve for #6 and play the back row for #6.

When the libero rotates to the front row, #6 comes into the game to replace the libero (behind the 10'line), to play the front row.

The libero may not serve for any other player during this game. The libero may only serve for #6 for this game.

The libero may enter the game (behind the 10' line) for another player (for the back row) but may NOT serve for this player.

The libero may serve for #6 as many times as the rotation comes around for #6 to serve.

The libero can only serve for the same player during a game.

The libero may not jump to attack a ball into the other teams court.

The libero may not go in front of the 10' line to set a ball for an attack by one of her teammates.

The libero can overhand pass the ball to the front row from the back row (behind the 10' line) and that ball can be attacked by one of her teammates.

The libero is replacing player "a" and player "b" that are opposite each other in the line up. This means, after player "a" serves and misses, the libero can go in for player "a". The libero can play across the back and when the libero is suppose to go to the front row for player "a", the libero comes out or she can replace the server (player "b") and serve the ball for player "b"... the libero can stay in and play across the back row. The libero needs to come out of the game and wait until player "a" serves and misses. Once player "a" misses her serve or is sided out, the libero can take her (player "a") place, however, the libero must be out for one rally, or until player "a" loses her serve. The libero can only serve for one player ("b"), however, the libero can serve for that one designated rotation as many times as that rotation comes around for that game.

- Who should I contact if I have questions?
 - If it is in regards to a tournament you have entered – contact the tournament director.
 - General questions – contact Diane Harms – diane.harms@dnhcsd.org or Teresa Parmenter - parmentert13@gmail.com
- What should I call when I officiate?
 - You are not allowed to touch the net at all – hair may brush the net
 - If the ball lands on the line it is in
 - If the ball lands outside of the line it is out
 - A player has 5 seconds from the time you whistle to start the serve
 - If a player tosses the ball for the serve – they may catch or let the ball drop and they get one more chance to serve
 - Balls that stick or rest on the hand or fingers should be called

- Can I host a tournament without posting it on the AAU Website?
 - Yes, but it will not be an AAU Volleyball qualifying tournament
- Can I host a tournament with less than 5 teams?
 - Yes, but it will not be a qualifying tournament
- Can I allow non-aau teams into a tournament?
 - Yes, but it will no longer be an aau tournament
- What is a qualifying tournament?
 - It is a tournament that is listed on the aau website – www.aauiaowa.org
 - It is a tournament with at least 5 aau registered teams
 - It is a tournament that allows you the chance to qualify for the Gold Tournament
- Are the tournaments one or two days?
 - The Iowa AAU volleyball tournaments are one day tournaments
- When are tournaments held?
 - Most tournaments are held on Saturday or Sunday
 - The exact tournament dates change from year to year – generally tournaments start the end of January and run through the end of March or early April (depends on Easter)
- Who can officiate?
 - 4th/5th/6th Grade – both the up and down official need to be an adult
 - 7th and 8th Grade – the up official needs to be an adult, a player may be the down official
 - 9th/10th/11th/12th Grade – An adult needs to officiate they may be the up or the down official, a players may be the other official
- What are the uniform requirements?
 - 4 inch number centered on the front
 - 6 inch number centered on the back
 - One name or mascot on front and back
 - libero is in a solid color uniform and team has trim on uniform or team is in a solid color and libero has trim on uniform
 - T-shirts can be used as a uniform
 - Tie-Dye uniforms are illegal
- Can admission be charged to the tournaments?
 - Yes, it is up to the tournament director
 - It should be stated in the information letter if admission will be charged and the amount